



DIRECTIONS

DEEP EAST TEXAS REGIONAL MENTAL HEALTH MENTAL RETARDATION SERVICES

An Equal Opportunity Employer

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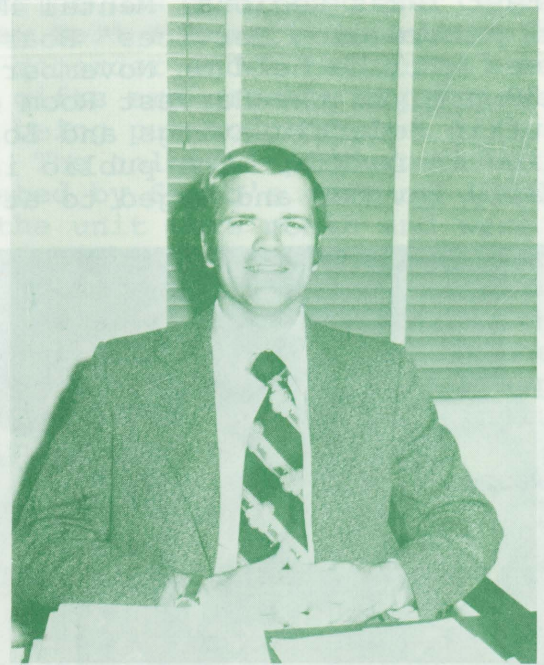
November 15, 1976

OCTOBER BOARD MEETING HELD IN LUFKIN

The regular monthly meeting of the Deep East Texas Regional Mental Health Mental Retardation Services' Board of Trustees was held October 26 at 5:00 p.m. at Sunrise Manor in Lufkin. Tom D. Mann, Vice-Chairman of the Board, presided in the absence of Chairman Ward Burke. Items discussed included the upcoming Genetics Counseling Program; the status of the Texas Department of Mental Health and Mental Retardation construction request; and a discussion of the status of the H.E.W. operations grant. In other action the Board accepted the bid for a 12 passenger van for the Jasper-Newton County Sheltered Workshop from Ogden Chevrolet of Colmesneil and accepted a proposal by Pilot Life Insurance Company to underwrite employee group life and health insurance for the forthcoming year.

KIRBYVILLE MENTAL HEALTH ASSOCIATION ELECTS NEW OFFICERS

At a recent meeting, members of the Kirbyville Mental Health Association elected the following officers for the upcoming year: President, George Hargrove; Vice-President, A. L. Charlton; and Secretary-Treasurer, Dina Jones. The new officers will begin their duties in January, 1977. Outgoing officers President Dr. Lester Willis and Secretary-Treasurer Mr. and Mrs. A. D. Stout were commended for their past contribution to the association. Mr. George Gee, DETRMHMRS Board Member, and Mrs. Gee attended the meeting. Mr. Gee gave a brief talk on DETRMHMRS' activities. The Kirbyville Mental Health Association is a long time, loyal supporter of the Kirbyville Developmental Center. DETRMHMRS staff and the local community deeply appreciate the continued efforts of this organization.



DR. JACK MARTIN

NEW MH DIRECTOR EMPLOYED

Jack Martin, Ph.D., began his duties as Director of Mental Health Programs on November 1. Dr. Martin comes from Marshall where he served as Director of Program Development for the Sabine Valley Regional MHMR Center. Dr. Martin's mental health background also includes experience as a psychiatric social worker at the Delaware County Child Guidance Center, Muncie, Indiana, and as Clinical Director of Center Programs for the Gregg-Harrison Mental Health Center. He received his Bachelor of Arts from Baylor University, his Masters' Degree in psychiatric social work from Tulane University where he served his internship at the Tulane Medical School. He received his Doctorate in Education from Walden University in Florida. Dr. Martin is married to the former Linda Steel. They have one child, a daughter, Cindy, and reside at 1424 Sleepy Hollow in Lufkin. We welcome Dr. Martin to the staff and wish him the best of luck.

UNITED FUND DRIVE SUCCESSFUL

Si Morrison, DETRMHMRS Chairman for the 1976 Angelina County United Fund Drive, reports that the 1976 Drive among Angelina County employees was highly successful. He reports that the Angelina County staff had 100% participation again this year. He

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HE DIDN'T KNOW IT COULDN'T BE DONE,

BUT WENT AHEAD AND DID IT.

UNITED FUND DRIVE (Cont.)

also reports a total contribution of \$458.50. This is more than a \$200 increase in giving over 1975. All DETRMHMRS' Angelina County employees are to be congratulated for their participation in this worthwhile civic activity.

BOARD TO MEET IN LUFKIN

The regular monthly meeting of the Deep East Texas Regional Mental Health Mental Retardation Services' Board of Trustees will be held on November 30 at 5:30 p.m. in the Harvest Room of the Lufkin Federal Savings and Loan Building in Lufkin. The public is cordially invited and urged to attend.



BRUCE LONDON, M.S.W.

SEMINAR ON AGING HELD IN LUFKIN

A seminar entitled "Promoting Mental Health in the Aged" was held for area nursing home personnel at the Holiday Inn in Lufkin on October 15. The seminar was jointly sponsored by the Deep East Texas Chapter of the Texas Nursing Home Association and DETRMHMRS. Items discussed by Mr. London included identifying and meeting mental health needs, grief, depression, confusion and behavior problems. A film entitled "Priority Method" was also shown. Pat Walters, R.N., of the DETRMHMRS' staff discussed overall DETRMHMRS' programs and programs now ongoing and soon to be initiated in regional nursing homes. Approximately 25 regional nursing home staff members were in attendance at the seminar.



PARTICIPANTS AT RECENT NURSING HOME SEMINAR



L. TO R. LOUISE JINKINS, DEBBIE BARTHOL AND MARIAN GOODRUM

NACOGDOCHES COUNTY OUT-PATIENT CLINIC

Pictured above are Marian Goodrum, Director of the Nacogdoches Clinic, and Louise Jenkins and Debbie Barthol, secretaries. Mrs. Goodrum and Mrs. Jenkins became DETRMHMRS' employees September 1, 1976, when the operation of the Nacogdoches Clinic was assumed from the Rusk State Hospital. Since that time, the clinic has moved from the County Courthouse to 1211 Mound Street in Nacogdoches. We welcome these experienced mental health workers to the DETRMHMRS' staff.

NEW WORKSHOP CONTRACT SECURED

Larry Heaton, Coordinator for Sheltered Workshops, announced this week that DETRMHMRS has secured a contract with the Bell Division of Western Electric in Shreveport. The contract is to remove the stamped number from the mouthpiece of used telephones as a salvage operation. Heaton stated that at the present time there will be approximately 200,000 pieces of work. The work will initially go to the Shelby County Sheltered Workshop.

ORGANIZATIONAL UNIT HAPPENINGS

NEWTON COUNTY DEVELOPMENTAL CENTER



HALLOWEEN AT THE ALABAMA-COUSHATTEA DEVELOPMENTAL CENTER

ALABAMA-COUSHATTEA DEVELOPMENTAL CENTER

Sue Shields, Director, reports a fun-filled Halloween party was held recently at the Center. Mrs. Shields reports that the Center now has 17 clients enrolled, and the program is improving daily since their move to the new air-conditioned location.

SUNRISE MANOR

It seemed like Santa Claus came in October, when the Altrusa Club of Lufkin gave a house warming shower at Sunrise Manor. Everyone there is grateful for the many fine gifts that will add to the quality of living at Sunrise Manor.

Sunrise Manor was the site of the Board meeting held October 26. This event is viewed as an educational opportunity for the clients. Eddie Brooks, one of the clients, was asked by Mr. Burbank to give a short talk about his job activities.

ANGELINA COUNTY DEVELOPMENTAL CENTER

The Center's field trip for October was a "pumpkin purchasing" trip so the clients could have a Jack-o-Lantern for their Halloween activities.

Two new projects were undertaken during the month of October. Arrangements were made for the clients to purchase lunch each Friday - instead of bringing their lunches. The menu consists of hamburgers, french fries, cokes, and pudding or Jello. The other project was the initial issue of a monthly newsletter, "NEWS AND REVIEWS," to be taken home to the parents on the last school day of each month. "NEWS AND REVIEWS" reports the activities and notifies the parents of important events scheduled for the next month.

Please address correspondence to: DIRECTIONS, Deep East Texas Regional Mental Health Mental Retardation Services, 303 Angelina Bldg., Lufkin, TX 75901

The Deep East Texas Regional Mental Health Mental Retardation Services operates in compliance with the Civil Rights Act of 1964, as amended and Executive Order 11246, as amended.

A football Pep Rally was the highlight of activities for the Center during the month of October. The clients enjoyed the rally so much they have decided to make "Spirit Posters" every Thursday during Art period. These posters are displayed at the High School Pep Rally on Fridays. In celebration of Halloween, decorations were made for the building and hand-puppets were made out of pumpkin heads.

The Newton Independent School District has furnished the Center with a new Bell & Howell cassette player and recorder and a tetherball set. The gifts are greatly appreciated and are being put to good use.

The colorful pictures that were donated by Sambo's were on display at the unit this month and were enjoyed by both visitors and clients.

A recent field trip was taken in the community to find animals that were being studied in one of the Center's latest projects. Examples of all animals were found, including a monkey.

One new student was welcomed to the Center during October.

KIRBYVILLE DEVELOPMENT CENTER

The Center clients went on a field trip during the month of October in connection with a nature study program.

Plans were made for a Bake and Garage Sale on November 4, 5, and 6, when the Mothers' Club met at the Center recently. The Mothers' Club plans to serve Thanksgiving dinner at the Center on the 25th of November.

The Center is very appreciative of the volunteer work being done by Dorothy Reliford of Tri-County.

JASPER-NEWTON COUNTY SHELTERED WORKSHOP

Clients are busy putting together leaflets and packaging screws on a contract recently awarded by the Chamber of Commerce. They are also busy on a big contract producing concrete stepping stones.

Activities in October included decorating for the Halloween party, and the forming of basketball and volleyball teams.

Donations to the Workshop are always welcomed, and the gift of a wheelchair by Mrs. West was really appreciated.

UNITED FUND DRIVE SUCCESSFUL

participation to the staff and what his the best of luck.

participation again this year. No (Cont. next page)